

# Team Contract 2021-2022

## USAG JO Team Program

Joining the team program is a big commitment, which we hope you, and your daughter will think about before making your final decision. The following is a summary of our team policies and must be signed by gymnast and parent before joining. (The team handbook is an extension of this contract. By signing this contract you agree with the handbook.)



1. Must fulfill all financial needs to the gym as per due dates for tuition, dance, meet fees, etc.... Team tuition is a year round commitment (April-March). Your tuition rate is based on your annual contribution, not per workout. Tuition is due by the 1st every month and a card must be on file with the gym. This card will be charged automatically on the 8<sup>th</sup> if tuition is not paid and a late fee of \$20 will be added. Payments received after the 7<sup>th</sup> of each month will have a late fee of \$20.00 and after the 15<sup>th</sup> are \$40 and will be sat out until all fees are paid. Auto charge is available to your credit card. **If any payments are not made by the 15<sup>th</sup> of the month your gymnast will not be permitted in the gym to practice.**
2. There are **NO MAKEUPS** for missed practices due to the large discount per hour of our team rates. Keep in mind that you are paying for 48 weeks but practice more. This makes up for any cancelled practice due to meets or holidays.
3. Hair out of face: short ponytails or braids above the neckline, tight bun – use clips or hairspray if necessary!
4. No jewelry, gum chewing, eating candy, cookies, etc. in the gym during or after practice.
5. We are not responsible for any lost or stolen valuables including cell phones, money, jewelry, or clothes. Please leave any valuables at home!
6. All team members must check their team account online found at wgvabc.com and their email or with the coach for important updates. It is the PARENTS RESPONSIBILITY to check their email and provide us with a current email, come inside to pick up your child, and make sure all payments are made to both tuition and team fees.
7. Attendance will be documented and frequent, unwarranted absences will be subject to consequences and dealt with on an individual basis.
8. Arrive early to all practices so that all warm-ups are started on time, as a group. This time before practice is used for ankle taping, extra injury prevention, pre-workout snacks etc.
9. Anyone who forgets, leo, tape, etc.... receives one grace, 2<sup>nd</sup> time they must get one from the pro-shop and it will get billed to the parents account. Forgetting grips may result in sitting out during bars, doing conditioning or basics.
10. Anyone caught drinking alcohol/drugs or bragging of doing so will require a meeting with the coach and parents where further disciplinary action will be decided.
11. Please respect coaches during their time off. All questions about your child need to be directed to the head coach. Do not ask about weekly rotation schedules, team training, or other members of the team.
12. Competition Rules:
  - a. Athlete must show readiness on all 4 events as per the lesson plan and WGVG competition standards in order to compete. Exceptions will only be made for injury or pre-decided event specialists.
  - b. The final practice before the meet or travel day is mandatory—8 day rule is applied to ALL practices before a competition
  - c. If the athlete is held out of competition, all monies paid up to date are lost NO REFUNDS!!! NO EXCEPTIONS!!! (Illness under review of team director.)
  - d. Must be in your bag: water, EXTRA GRIPS, wristbands, tape, ipod/mp3 player of floor music (optionals only), warm-up suit regardless of meet or weather, warm up with competition leo on, matching scrunchie.
  - e. Arrive to the meet on time – (15 min. before warm-up/checkup time)!! Usually we do not know days and time until 2 weeks or shorter before the event weekend. You are obligated to attend all scheduled competitions.
  - f. Our WGVG team leotard and warm up must be purchased.
  - g. For every meet your daughter enters there is an entry fee as well as a coach's fee, which is paid by the due date. Additional fees may be required after the weekend if the estimated fee's were not enough to cover the weekend. A notice of fee's due will be listed on our team website wgvabc.com. **Any late payments for meets will result in your gymnast not being entered, and missing that particular competition.**
  - h. All meets including travel meets are mandatory. If for some reason you are unable to attend a travel meet, you will still be responsible for your portion of coach's fees.
13. For after school curriculum you must ask for permission from the head coach if it conflicts with practices or competitions
14. Any parent caught speaking or posting on social media, texts, ect. negatively about the gym, coaches, or team policies to the front desk, other parents, or at competition will be immediately removed from the team.
15. In case of injury, the gymnast is required to attend all practices and full tuition must be paid. Coaches will assign a conditioning program to maintain strength in the uninjured areas.
16. Attending private lessons or open gym at any other facility will result in immediate removal from the team program.
17. All private lessons must be approved by head coach.
18. Feel free to contact your coaches to set up a meeting if you are concerned about your daughter, meets, practices or any other issues that may arise.
19. You agree to pay your fair share fee. This fee is non-refundable.
20. You are committing to your team for the year of April 2021-March 2022

REMEMBER YOU ARE RESPONSIBLE FOR YOURSELF!!

I agree to all these expectations and responsibilities:

X

Gymnast

X

Parent

X

Coach

X

Coach